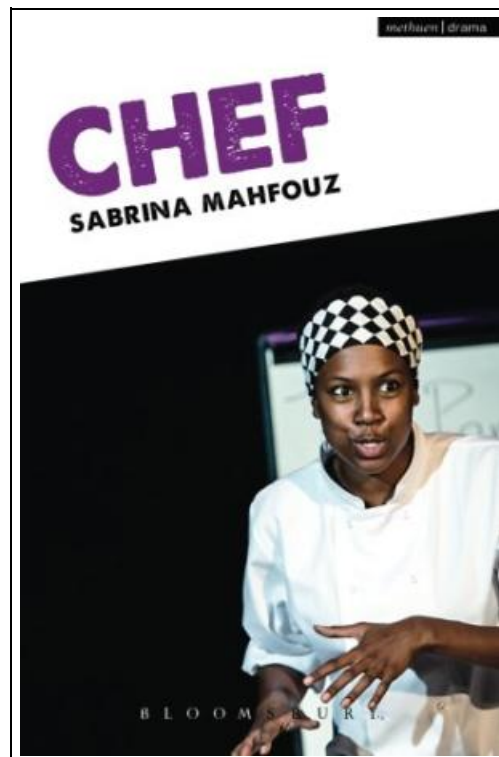


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Bloomsbury Publishing PLC, United Kingdom, 2015. Paperback. Book Condition: New. 198 x 129 mm. Language: English . Brand New Book. I cook here, create here, make here be as much of life as I can because outside of this I m not safe, I don t know the way. Chef tells the gripping story of how one woman went from being a haute-cuisine head chef to a convicted inmate running a prison kitchen. Leading us through her world of mouth-watering dishes and heart-breaking memories, Chef questions our attitudes to food, prisoners, violence, love and hope. Inspired by an interview Mahfouz conducted with celebrity chef Ollie Dabbous, Chef studies food as the ultimate art form taking stimulus from Dabbous s obsession with simplicity and making something the best it can be. Featuring Sabrina Mahfouz s distinct, lyrical style in abundance, Chef received its premiere at the Underbelly, Cowgate, during the 2014 Edinburgh Festival Fringe, winning a Fringe First, and was produced at the Soho Theatre, London, in June 2015.



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