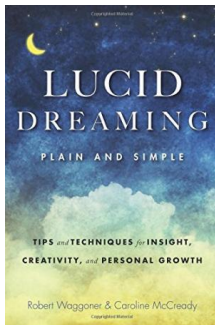


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Conari Press,U.S., United States, 2015. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book. Aimed at beginners, Lucid Dreaming, Plain and Simple shows the reader how to enter and fully experience the lucid dreaming. Among the amazing things Waggoner and McCready teach readers are how to: consciously decide what actions to performexplore dream space (or the contents of your subconscious)interact with dream figuresconduct personal and scientific experimentsbe free of waking state limitations (e.g., flying, walking...

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- Authored by Robert Waggoner, Caroline Mccready
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