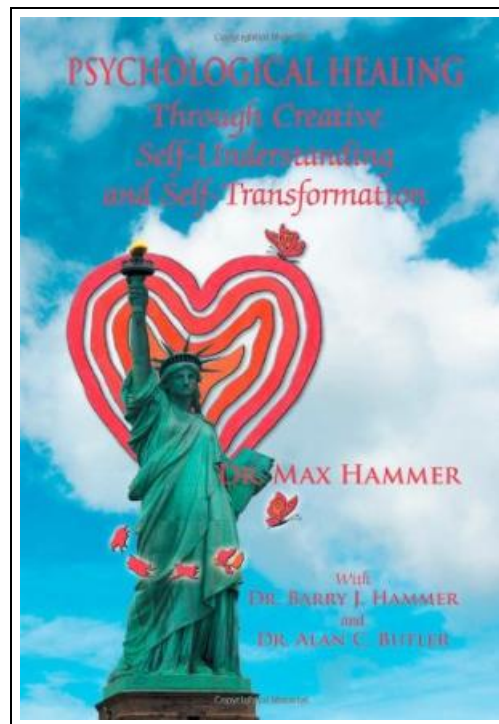


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Strategic Book Publishing Rights Agency, LLC, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This book focuses on the development of psychological self-understanding, healing psychologically painful inner conflicts, and the basis of psychological and spiritual fulfillment. Readers will discover a new understanding of effective psychotherapy, groundbreaking diagnostic psychological testing research, and the distinction between the ego self-concept, the experiential self, and the transpersonal self (the real self, the relational self, or the holistic self). It also clarifies aspects of optimal psychological health, such as authenticity, sincerity, integrity, creativity, intuition, empathy, courage, strength of character, inspiration, unselfish love (or warmhearted caring), emotional security, inner wholeness, vitality, and fulfillment. Principles of psychological healing and self-transformation can enhance the development of interpersonal relationships, as well as facilitate effective and fulfilling ways of living in society. The authors deeply explored their own psychological pain and experiential truth to write this book, so readers can achieve greater self-understanding, fulfillment, and liberation from psychological pain. About the Authors Dr. Max Hammer and Dr. Alan C. Butler are psychologists from Maine. Dr. Barry J. Hammer, also from Maine, has a specialization in the history of world religions, and for many years has studied the process of psychological and spiritual transformation, and its applicability to enhancing human relationships. The primary author, the late Dr. Max Hammer, was the editor and a major contributor of two previously published books: *The Theory and Practice of Psychotherapy with Specific Disorders* (Springfield, Illinois: Charles C. Thomas Publisher, 1972); and *The Practice of Psychotherapy with Children* (Homewood, Illinois: Dorsey Press, 1967). Another book, soon to be published, is: *Deepening Your Personal Relationships: Developing Emotional Intimacy and Good Communication* (Strategic Books). He also published about 30 articles in the fields of psychotherapy and clinical psychology. Publisher...



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